

# 13 Guidelines to *Decluttering* Your Life



- Have a **GOAL**
- SHARE** your Goals
- Make a **CHECKLIST** – a) Donate b) Recycle or c) Garbage
- Decide what are the **KEY AREAS**
- Take **PICTURES** – Before & After
- Look for **INSPIRATION**
- Begin **SMALL**
- FINISH** what you started
- Use a **TIMER**
- Involve the **FAMILY**
- FOCUS** on the things you keep
- 1 thing IN** for **1 thing OUT**
- ENJOY YOUR NEW SPACE**